We claim:

1. A compound of the formula I

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wherein

10 R1, R2

are each independently H, F, Cl, Br, (C_1-C_6) -alkyl, CF_3 , OCF_3 , NO_2 , CN, $O-(C_1-C_6)$ -alkyl, $COO(C_1-C_6)$ -alkyl, $COO(C_1-C_6)$ -alkyl, $COO(C_1-C_6)$ -alkyl or $SO_2-(C_1-C_6)$ -alkyl;

R3

is OH, (C_1-C_6) -alkyl, (C_0-C_6) -alkyl-aryl, O- (C_1-C_6) -alkyl, O- (C_2-C_6) -alkenyl or O- (C_2-C_6) -alkynyl, wherein said (C_1-C_6) -alkyl, (C_0-C_6) -alkyl-aryl, O- (C_1-C_6) -alkyl, O- (C_2-C_6) -alkenyl and O- (C_2-C_6) -alkynyl radicals are optionally mono- or polysubstituted by F, Cl or Br;

Χ

is OH, O-(C_1 - C_6)-alkyl, NH₂, NH(C_1 - C_6)-alkyl or N((C_1 - C_6)-alkyl)₂;

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A, B, D and E are each independently CH or N, with the proviso that at least one of groups A, B, D and E is N;

m

is 0, 1 or 2;

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and pharmaceutically acceptable salts thereof.

2. The compound of Claim 1 wherein:

R1, R2 are each independently H, F, Cl, Br, (C_1-C_6) -alkyl, CF_3 , OCF_3 , NO_2 , CN, $O-(C_1-C_6)$ -alkyl, $COO(C_1-C_6)$ -alkyl, $COO(C_1-C_6)$ -alkyl, $COO(C_1-C_6)$ -alkyl- $COO(C_1-C_6)$ -alkyl- $COO(C_1-C_6)$ -alkyl or $SO_2-(C_1-C_6)$ -alkyl;

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is OH, (C_1-C_6) -alkyl, (C_0-C_6) -alkyl-aryl, O- (C_1-C_6) -alkyl, O- (C_2-C_6) -alkenyl or O- (C_2-C_6) -alkynyl, wherein said (C_1-C_6) -alkyl, (C_0-C_6) -alkyl-aryl, O- (C_1-C_6) -alkyl, O- (C_2-C_6) -alkenyl and O- (C_2-C_6) -alkynyl radicals are optionally mono- or polysubstituted by F, Cl or Br;

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X is OH, O-(C_1 - C_6)-alkyl, NH₂, NH(C_1 - C_6)-alkyl or N((C_1 - C_6)-alkyl)₂;

A, B, D and E are each independently CH or N, with the proviso that at least one of groups A, B, D and E is N;

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m is 1 or 2;

and pharmaceutically acceptable salts thereof.

20 3. The compound of Claim 2 wherein:

R1 is H or F;

R2

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is each independently H, F, Cl, Br, (C_1-C_6) -alkyl, CF_3 , OCF_3 , $O-(C_1-C_6)$ -alkyl, $COO(C_1-C_6)$ -alkyl, $COO(C_1-C_6)$ -alkyl, $COO(C_1-C_6)$ -alkyl or $SO_2-(C_1-C_6)$ -alkyl;

R3

is OH, (C_1-C_6) -alkyl, (C_0-C_6) -alkyl-aryl, O- (C_1-C_6) -alkyl, O- (C_2-C_6) -alkenyl or O- (C_2-C_6) -alkynyl, wherein said (C_1-C_6) -alkyl, (C_0-C_6) -alkyl-aryl, O- (C_1-C_6) -alkyl, O- (C_2-C_6) -alkenyl and O- (C_2-C_6) -alkynyl radicals are optionally mono- or polysubstituted by F, CI or Br;

X

is OH, O- (C_1-C_6) -alkyl, NH₂, NH (C_1-C_6) -alkyl or N((C_1-C_6) -alkyl)₂;

A is N;

B, D, E are each CH;

5 m is 1 or 2;

and pharmaceutically acceptable salts thereof.

4. The compound of Claim 3 wherein:

R1 is H or F;

R2 is H, CI, (C_1-C_6) -alkyl, CF_3 , $COO(C_1-C_6)$ -alkyl or COOH,

is H or phenyl;

X is OH, O- (C_1-C_6) -alkyl, NH₂, NH (C_1-C_6) -alkyl or N((C_1-C_6) -alkyl)₂;

A is N;

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B, D, E are each CH;

m is 2;

- 25 and pharmaceutically acceptable salts thereof.
 - 5. A pharmaceutical composition comprising one or more compounds of Claim 1 and a pharmaceutically acceptable carrier.
- 30 6. The pharmaceutical composition of Claim 5 comprising at least one additional active ingredient.
 - 7. The pharmaceutical composition of Claim 6 wherein said additional active ingredient is selected from the group consisting of:

antidiabetics, hypoglycemic active ingredients, HMG-CoA reductase inhibitors, cholesterol absorption inhibitors, PPAR gamma agonists, PPAR alpha agonists. PPAR alpha/gamma agonists, fibrates, MTP inhibitors, bile acid absorption inhibitors. CETP inhibitors, polymeric bile acid adsorbents, LDL receptor inducers, ACAT inhibitors, antioxidants, lipoprotein lipase inhibitors, ATP-citrate lyase inhibitors, squalene synthetase inhibitors, lipoprotein(a) antagonists, lipase inhibitors, insulins, sulfonylureas, biguanides, meglitinides, thiazolidinediones, α-glucosidase inhibitors, active ingredients acting on the ATP-dependent potassium channel of the beta cells. CART agonists, NPY agonists, MC4 agonists, orexin agonists, H3 agonists, TNF agonists, CRF agonists, CRF BP antagonists, urocortin agonists, ß3 agonists, MSH (melanocyte-stimulating hormone) agonists, CCK agonists, serotonin reuptake inhibitors, mixed serotoninergic and noradrenergic compounds, 5HT agonists. bombesin agonists, galanin antagonists, growth hormones, growth hormonereleasing compounds, TRH agonists, uncoupling protein 2 or 3 modulators, leptin agonists, DA agonists (bromocriptine, Doprexin), lipase/amylase inhibitors, PPAR modulators, RXR modulators or TR-β agonists or amphetamines.

- 8. A method of reducing blood sugar comprising administering to a patient in need thereof a therapeutically effective amount of a compound of Claim 1.
- 9. A method of treating type II diabetes comprising administering to a patient in need thereof a therapeutically effective amount of a compound of Claim 1.
- 10. A method of treating treating lipid and carbohydrate metabolism disorders comprising administering to a patient in need thereof a therapeutically effective amount of a compound of Claim 1.
 - 11. A method of treating arteriosclerotic symptoms comprising administering to a patient in need thereof a therapeutically effective amount of a compound of Claim 1.
 - 12. A method of treating insulin resistance comprising administering to a patient in need thereof a therapeutically effective amount of a compound of Claim 1.

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13. A process of preparing a compound of Claim 1, which comprises reacting ureas of the formula 2 with reactive acid derivatives of formula 4 selected from the group comprising acid chlorides and anhydrides:

5 wherein R1, R2, R3, A, B, D and E are as defined in claim 1 and Y is selected from the group comprising Cl or

14. A process of preparing a compound of Claim 1, which comprises reacting an aniline derivative of the formula 3 with an aroyl isocyanate of the formula 4

wherein R1, R2, R3, A, B, D and E are each as defined in Claim 1 and Y is NCO.